

The Art of Healing

Using Personal Creativity Through Art Therapy

Jennifer Sublett, LPC Intern and Fran Seymore, LPC

Mondays
1:00—2:30 p.m.
Cancer Care Services



Join Jennifer and Fran in an afternoon of creativity and expression through art. The art therapy workshops will introduce individuals and caregivers to the uses of art to enhance wellness through accessing feelings surrounding the diagnosis of cancer. A hands-on art exercise is part of the shared experience.

The sessions are **FREE**. All materials are provided. The class is participatory and does not require any prior artistic training or experience.



Cancer Care Services
the caring place

For more information please call
Activities/Volunteer Coordinator
Cindy Vasquez, at
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