



Cancer Care Services  
*the caring place*

The logo for 'Camp CARE' features a yellow sun with a spiral center and rays on the left. To its right, the word 'camp' is written in a teal, lowercase, sans-serif font. Below 'camp', the word 'CARE' is written in a large, bold, purple, uppercase, sans-serif font.

camp  
**CARE**

Parent Handbook



## **Frequently Asked Question**

### **What is Camp Care?**

Camp Care is a therapeutic day camp program designed for children who have a parent or close relative living with cancer. Parents often struggle with how to talk to their children about cancer and how it may affect their lives. Improving or maintaining family functioning is key to helping parents and their children adapt to life with cancer. Cancer Care Services is eager to help!

### **What will campers be doing all week?**

Campers will explore the journey of cancer through FUN educational and therapeutic activities and peer-support. There will be licensed art, play and music therapists to lead the children in guided activities. Kids will also enjoy the following camp activities: swimming, archery, hiking, crafts, games, and more.

### **Where is Camp Care held?**

This year's camp will be held at YMCA Camp Carter in Fort Worth. The address is 6200 Sand Springs Rd., Fort Worth, TX 76114

### **What does it cost?**

Thanks to the generosity of Cancer Care Services' donors, Camp Care, including all activities and meals, is FREE of charge!

### **Do I need to send a lunch?**

Lunch, as well as a morning and afternoon snack, is provided each day. Please let us know if your child has any food allergies so that arrangements can be made.

## **Is there transportation to the camp?**

Parents are asked to drop off and pick up their children at Camp Carter each day.

## **What are the times of Camp Care?**

The official time of camp is Monday through Friday from 8:30 a.m. until 5:30 p.m.

## **Can my child bring a friend?**

Camp Care is designed solely for campers who are affected by cancer. This week is a time to make new friends with others who are affected by cancer, therefore, friends are not allowed.

## **What if my child gets hurt?**

We have staff members who are First Aid, CPR and AED certified. Camp Carter also has a licensed nurse on staff if needed. Please see the enclosed medical procedure sheet for more information.

## **What if there is an emergency?**

You can reach the staff of Camp Care in several different ways. You may call Camp Carter's Main Office at 817.738.9241 (make sure you let them know your child is with Cancer Care Services' Camp Care), or you can call one of the CCS staff members on their cell phones.

Jen Robbins: 830.460.1622

Alex Martin: 817.718.5238

## **Who will be watching over the campers?**

Several members of the Cancer Care Services staff will oversee both the campers and junior counselors. There will also be adult volunteers helping out during the week. All staff and volunteers undergo extensive screening and background checks before taking part in Camp Care. Licensed therapists and social workers will also be on-site.

## **What if my child is a weak swimmer?**

All pool activities are monitored by a YMCA lifeguard (1:20 ratio) as well as Cancer Care Services staff. Younger campers can bring "water wings" with them if they are needed, but we ask that no other pool toys or floats be sent with your camper.

Each camper wishing to swim in the deep end and/or use the water slide must pass a short swim test. Those who pass the test will be issued a wrist band that must be worn during each swim time. Those without a wrist band must stay in the shallow end.

For further questions, please contact

Jennifer Robbins, Activities & Volunteer Coordinator

623 South Henderson \* Fort Worth, Texas 76104 \* 817-921-0653 \* 1-800-789-9944 \* (fax) 817-921-1701

\* [jen@CancerCareServices.org](mailto:jen@CancerCareServices.org) \*

\* [www.cancercareservices.org](http://www.cancercareservices.org) \*

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# camp CARE

## PREPARING YOUR CAMPER

What to wear to camp:

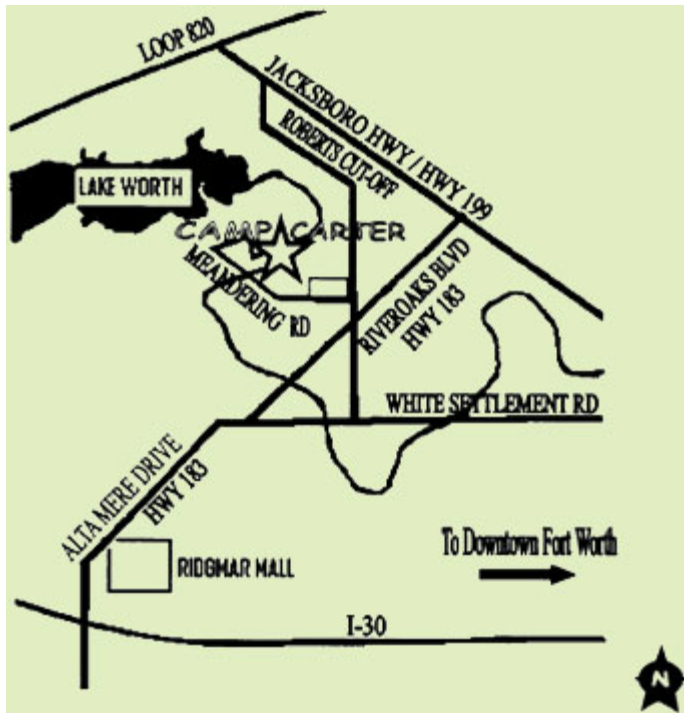
- Shorts
- T-shirt
- Socks
- Tennis Shoes (sandals/flip-flops are only allowed during swim time)
- Backpack

What to bring to camp:

- Towel
- Swim Suit **\*\* 1 piece or Tank style 2 pieces...NO Bikinis**
- Sandals or Flip-flops for swim time
- Water Bottle
- Sunscreen
- Sunglasses
- Hat
- Insect Repellant
- Rain Gear

**\*\* Mark all items with camper's name! \*\***

# Directions to Camp Carter YMCA



**6200 Sand Springs Road  
Fort Worth, Texas 76114  
817-738-9241**

**From South IH-35:** Take I-30 West. Take 183 North (exit 7B). Sign says 183/341 NAS FW JRB/Green Oaks. Follow signs to 183 North. Ridgmar Mall will be on your right. Go 3.5 miles to Robert's Cut-off. (note: road changes to 183 East). Look for CVS and Bank of America on Right, Taco Bell on left. Turn left on Robert's Cut-off (sign is very small). Turn left on Meandering Road, Qwik-way shop is at corner. Travel 1.5 miles, road forks. Take fork to right. Go across river, past Burger's Lake, follow road around to end. Turn right into camp gate.

**From IH 30:** Follow directions above.

**From North IH-35:** Exit 820 West. Take Jacksboro Hwy / 199 East exit (exit 10A). Follow signs to Hwy 199 East. Will loop back under 820. Turn right at first light - Robert's Cut-off. Continue 2.5 miles on Robert's Cut-off (through neighborhood.) Pass elementary school and post office on left. Turn right on Meandering Road (Qwik-Way shop on right). Continue 1.5 miles, road forks. Take fork to right. Go across river, past Burger's Lake, follow road around to end. Turn right into Camp Carter.

**From Loop 820:** Follow directions above. Just make sure you are traveling EAST on Hwy 199.  
(NOTE: some internet maps will try to take you through NAS base.)

